

# CYS SERVICES SNAP RESPIRATORY MEDICAL ACTION PLAN

(to be completed by Health Care Provider)

Child/Youth's Name

Date of Birth

Date

Sponsor Name

Health Care Provider

Health Care Provider Phone

## Triggers (mark all that apply)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Chalk dust/dust     | <input type="checkbox"/> Stinging insects                    | <input type="checkbox"/> Pollens                 |
| <input type="checkbox"/> Dust mites          | <input type="checkbox"/> Strong odors/fumes                  | <input type="checkbox"/> Grass                   |
| <input type="checkbox"/> Respiratory illness | <input type="checkbox"/> Animals                             | <input type="checkbox"/> Excessive play/exercise |
| <input type="checkbox"/> Tobacco smoke       | <input type="checkbox"/> Molds                               | <input type="checkbox"/> Anxiety                 |
| <input type="checkbox"/> Food: _____         | <input type="checkbox"/> Temperature/season/humidity changes | <input type="checkbox"/> Others: _____           |

## Medication is necessary when the child/youth has symptoms such as: (check all that apply)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Excessive dry cough   | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Tightness in the chest |
| <input type="checkbox"/> Wheezing (a whistling sound when the child breathes)                |  |   |
| <input type="checkbox"/> Mild chest retraction (child is "pulling in" chest while breathing) |  |   |
| <input type="checkbox"/> Other:  |  |   |
| <input type="checkbox"/> Other:  |  |   |

## Medication/Treatment Plan

Medication/Strength:

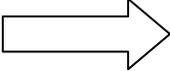
\_\_\_\_\_

Route:       Inhaler       Inhaler with Spacer       Nebulizer

If using inhaler Give: \_\_\_\_\_ Puff(s) \_\_\_\_\_ Minute(s) apart       May Repeat one time in \_\_\_ minutes if Symptoms persist  
 Do Not Repeat

- **Administer rescue medication as prescribed and give courtesy call to parent**
- **Stay with child/youth for 20 minutes**
- **Contact parents/guardian for child pick-up if needing to give total 4+ puffs, or develops emergency symptoms as below**

## Emergency Response

**IF THIS HAPPENS**   
**GET EMERGENCY HELP**  
**NOW**  
**CALL 911**

- Hard time breathing with:
  - Chest and neck pulled in with breathing
  - Child/Youth is hunched over
  - Child/Youth is struggling to breathe
- Trouble walking or talking
- Stops playing and can't start activity again
- Lips and fingernails are gray or blue

## Follow Up

This Medical Action Plan must be updated/revised whenever medications or child/youth's health status changes. If there are no changes, the Medical Action Plan must be updated every 12 months.

Name \_\_\_\_\_

## RESPIRATORY MEDICAL ACTION PLAN ADDITIONAL CONSIDERATIONS

(to be completed by Health Care Provider)

### Medications

For children requiring rescue medication, the medication is required to be at program site at all times while child is in care. For youth who self-medicate and carry their own medications, medication must be with the youth at all times. The options of storing "back up" rescue medications at program is available.

### Field Trip Procedures

Rescue medications should accompany child during any off-site activities.

- The child/youth should remain with staff or parent/guardian during the entire field trip.  Yes  No
- Staff members on trip must be trained regarding rescue medication use and this health care plan.
- This plan must accompany the child on the field trip
- Other: \_\_\_\_\_

### Self Medication for School Age Youth

- YES** Youth can self medicate. I have instructed \_\_\_\_\_ in the proper way to use His/her medication. It is my professional opinion that he/she **SHOULD** be allowed to carry and self administer his/her medication. Youth have been instructed not to share medications and should youth violate these restrictions, the privilege of self medicating will be revoked and the youth's parents notified. Youth are required to notify staff when carrying medication.
- NO** It is my professional opinion that \_\_\_\_\_ **SHOULD NOT** carry or self administer his/her medication.

### Bus Transportation should be Alerted to Child/Youth's Condition.

- This child/youth carries rescue medications on the bus.  Yes  No
- Rescue medications can be found in:  Backpack  Waist pack  On Person  Other: \_\_\_\_\_
- Child/youth should sit at the front of the bus.  Yes  No
- Other: (specify) \_\_\_\_\_

### Sports Events/Instructional Programs

Parents are responsible for having rescue medication on hand and administering it when necessary when the child/youth is participating in any CYS sports/instructional activity. Volunteer coaches/instructors do not administer medications.

### Parental Permission/Consent

Parent's signature gives permission for child/youth personnel who have been trained in medication administration by the APHN to administer prescribed medicine and to contact emergency medical services if necessary. I also understand my child/youth must have required medication with him/her at all times when in attendance at CYS programs.

### Youth Statement of Understanding

I have been instructed on the proper way to use my medication. I understand that I may not share medications and should I violate these restrictions, my privileges may be restricted or revoked, my parents will be notified and further disciplinary action may be taken. I am also required to notify staff when carrying or taking my medication.

**I agree with the plan outlined above.**

Printed Name of Parent/Guardian	Parent/Guardian Signature	Date (YYYYMMDD)
Printed Name of Youth (if applicable)	Youth Signature	Date (YYYYMMDD)
Stamp of Health Care Provider	Health Care Provider Signature	Date (YYYYMMDD)
Printed Name of Army Public Health Nurse	Army Public Health Nurse Signature	Date (YYYYMMDD)