## WHAT CAN MILITARYONE SOURCE DO FOR YOU?



## Need financial or tax advice? Need to talk about family issues or managing stress? Thinking about going back to school?

Military OneSource is a Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, National Guard and reserve service members and their families. Information includes, but is not limited to, deployment, reunion, relationships, grief, spouse employment and education, parenting and child care, and much more.

## Highlights

- Call center and online support 24/7 from master's-level consultants for practical information and referrals on issues such as handling a move or finding resources in your area
- Specialty consultations with trained professionals on health and wellness, wounded warriors, financial issues, education, adoption, language translation and interpretation, special needs, and spouse education and careers
- Non-medical counseling services online, via telephone or face to face; eligible individuals may receive non-medical counseling addressing issues requiring short-term attention including everyday stressors, grief, deployment and reintegration concerns
- Articles, resources and products on a wide range of military life topics such as parenting, deployment, relocation, spouse education and careers, and much more
- Electronic library resources including, but not limited to, auto repair, study guides and practice tests, and one-on-one online homework help



Call. 800-342-9647
Click. MilitaryOneSource.mil
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Discover more of what Military OneSource has to offer by visiting www.militaryonesource. mil or calling 800-342-9647.